

Family Tech Agreement

Our family believes technology should make life better, safer, and kinder.
This agreement is how we'll use devices, apps, and the internet at home and beyond.

1. Where & When We Use Tech

- Homework, learning, creativity, fun, and staying connected.
- No phones/tablets at dinner or in bedrooms overnight.
- We'll agree on daily screen-time limits and stick to them.

2. Privacy & Safety

- Accounts are private by default.
- Only add friends or followers we both know in real life.
- Location sharing stays off unless we agree otherwise.
- Strong passwords + 2FA, stored safely in a password manager.

3. Kindness & Respect

- Post and comment the way we'd act in class or with grandparents.
- If something online feels mean, unsafe, or "off," tell a parent.
- We won't share photos, videos, or info that isn't ours to share.

4. Money & Apps

- Downloads, upgrades, or in-app purchases need family approval.
- No "free hacks," cheat codes, or off-store apps.
- We'll talk about subscriptions before signing up.

5. If Something Goes Wrong

- Nobody loses their device for asking for help.
- Screenshot and save evidence of bullying, scams, or strangers.
- Block, report, and tell a parent right away.

6. Balance & Wellbeing

- Tech breaks before bedtime (devices out of bedrooms).
- We'll make space for offline fun: sports, reading, hanging out.
- Parents will model healthy habits too (no secret scrolling at dinner!).

Family Signatures

By signing, we agree to follow this plan and talk openly if we need to change it.

 Parent/Guardian:

 Parent/Guardian:

 Child(ren):